

QUINCY ROBERTS

PRESENTS

T.O.P. BODY

TRANSFORMATION OF PARTICIPANT'S BODY

CHALLENGE CONTEST

WHAT IS THIS CONTEST?

TOP BODY CONTEST IS A BODY IMPROVEMENT COMPETITION.

ONE DIVISION FOR MEN AND ONE DIVISION FOR WOMEN.

THE WINNER IN THE MEN'S RECEIVES \$500.00 AND THE WINNER IN THE WOMEN'S RECEIVES \$500.00. THIS COMPETITION IS TO MOTIVATE AND CHALLENGE THE PARTICIPANTS TO REACH THEIR GOALS. THE CONTEST BEGINS NOVEMBER 30, 2009 THRU AUGUST 15 2010 FOR ENTRIES (PARTICIPANT'S OFFICIAL ENTRY DATE WILL BE THE DATE OF THEIR BEFORE PHOTO AND INITIAL MEASUREMENTS ARE RECEIVED, WITH ENTRY FORM AND FEE.)

JUDGING CRITERIA :

THE DEGREE OF IMPROVEMENT SEEN IN THE BEFORE AND AFTER PHOTO.

THE CHANGES MADE IN THE ORIGINAL MEASUREMENTS TAKEN OF WEIGHT, BODY FAT AND INCHES.

THIS IS NOT JUDGED ON BODYBUILDING CRITERIA. IT IS NOT JUDGED ON TOTAL WEIGHTLOSS EXCLUSIVELY. BUT ALSO ON OVERALL BODY IMPROVEMENT SUCH AS SHAPE, TONE AND BODYFAT REDUCTION.

JUDGING WILL BE DONE BY:

QUINCY ROBERTS AND OTHER ESTABLISHED FITNESS PROFESSIONALS.

ELIGIBILITY TO ENTER

MUST BE 18 YEARS OR OLDER.

ANYONE THAT FULFILLS THE REQUIREMENTS LISTED BELOW.

PARTICIPANT IS NOT REQUIRED TO USE QUINCY ROBERTS' SERVICES OR ANY OTHER BUSINESS RELATIONSHIP TO QUINCY ROBERTS TO ENTER THIS CONTEST .

PARTICIPANTS MAY USE PERSONAL TRAINER OR COACH ASSISTANT IN THEIR PREPARATION, BUT NOT REQUIRED.

PERSONAL TRAINERS ARE ELIGIBLE TO ENTER, AND ALSO CAN SPONSER A CLIENT.

HOW TO ENTER :

CLICK THIS LINK : (**DOWNLOAD ENTRY FORM**). (**DOWNLOAD ASSESSMENT FORM**) COMPLETE THE ENTRY FORM, MEASUREMENTS, BEFORE PHOTO AND MAIL IT BACK TO QUINCY ROBERTS, P.O.BOX 77901, GREENSBORO NC 27417, WITH YOUR ENTRY FEE OF \$40.00 (CERTIFIED CHECK OR MONEY ORDER ONLY) INCLUDED. OR CLICK HERE TO PAY ENTRY FEE ONLINE: **PAY HERE** .AFTER I RECEIVE YOUR ENTRY FORM, MEASUREMENTS AND FEE, I WILL CONTACT YOU BY EMAIL THAT YOU ARE OFFICIALLY ENTERED IN THE CONTEST.

REQUIREMENTS :

1. ENTRY FORM COMPLETED, MEASUREMENTS AND PHOTO TAKEN BY NON FAMILY MEMBER.

SPECIFICATION FOR THE BEFORE AND AFTER PHOTO: ONE FRONT, SIDE AND BACK ONE EACH THE PHOTOS MUST BE 5 X 7 AND NOT DIGITALLY ALTERED IN ANY WAY, WITH CURRENT NEWSPAPER SHOWING IN THE

PHOTO TO PROVE PHOTO WAS TAKEN BETWEEN NOV. 30, 2009 AND AUGUST 15, 2010, AND SIGNED BY NON FAMILY MEMBER AS WITNESS.

ENTRY FEE ,ENTRY FORMS AND BEFORE PHOTO MAILED TO QUINCY ROBERTS P.O.BOX 77901,GREENSBORO NC 27417 BETWEEN THE DATES OF NOVEMBER 30,, 2009 AND AUGUST 15, 2010. THE AFTER PHOTO,MEASUREMENTS(NON FAMILY MEMBER WITNESSED AND SIGNED) MUST BE TAKEN AND RECEIVED BY QUINCY ROBERTS NO LATER THAN DEADLINE DATE OF OCTOBER 16, 2009 .

2.BEFORE AND AFTER PHOTO MAY BE TAKEN IN WORKOUT ATTIRE OR SWMM SUITS. IT IS UP TO THE DISCRETION OF THE PARTICIPANT.

3. ONE TIME ENTRY FEE OF \$40 .00 MUST BE PAID IN MONEY ORDER OR PAID ONLINE AT TIME OF ENTRY.

4.. MUST COMPLETE AND SIGN RELEASE FORM, MEASUREMENTS AND OFFICIAL ENTRY FORM AND WITNESSED BY NON-FAMILY MEMBER

5. MUST SIGN RELEASE FORM FOR RIGHTS FOR QUINCY ROBERTS TO USED BEFORE AND AFTER PHOTOS FOR QUINCY ROBERTS WEBSITE OR OTHER PUBLIC SHOWING OF RESULTS.

6. THE TOP BODY CONTEST WINNERS (MALE AND FELMALE) MUST BE PRESENT AT THE ELITE MUSCLE CLASSIC (OFFICIAL DATE IN NOVEMBER, 2010) TO RECEIVE THEIR FIRST PLACE AWARD OF \$500.00. IF NOT PRESENT AT THE CONTEST, THE FIRST PLACE WINNER DEFAULTS AND PRIZE MONEY WILL GO TO SECOND PLACE WINNER.

PRIZES

ALL PARICIPANTS THAT COMPLETE TOTAL CONTEST GET A FREE T-SHIRT

FIRST PLACE MALE AND FEMALE RECEIVE A PLAQUE AND \$500.00 EACH

SECOND, THIRD MALE AND FEMALE DIVISION WILL RECEIVE PLAQUES..

RELEASE AND LIMITATIONS OF LIABILITY:

BY PARTICIPATING IN THE CONTEST, PARTICIPANTS AGREE TO RELEASE AND HOLD HARMLESS THE SPONSORS, QUINCY ROBERTS HIS RELATED COMPANIES, AND THEIR RESPECTIVE OFFICERS, DIRECTORS, EMPLOYEES, AND AGENTS (THE "RELEASED PARTIES") FROM AND AGAINST ANY CLAIM OR CAUSE OF ACTION ARISING OUT OF PARTICIPATION IN THE CONTEST OR RECEIPT OR USE OF ANY PRIZE, INCLUDING, BUT NOT LIMITED TO: (A) UNAUTHORIZED HUMAN INTERVENTION IN THE CONTEST, (B) PRINTING ERRORS;(C) LOST, LATE ,POSTAGE DUE, MISDIRECTED, OR UNDELIVERABLE MAIL; (D) ERRORS IN THE ADMINISTRATION OF THE CONTEST OR THE PROCESSING OF ENTRIES; OR (E) INJURY OR DAMAGE TO PERSON OR PROPERTY WHICH MAY BE CAUSED, DIRECT OR INDIRECTLY, IN WHOLE OR PART, FROM PARTICIPANT.

PARTICIPANT FURTHER AGREES THAT IN ANY CAUSE, THE RELEASE PARTIES' LIABILITY WILL BE LIMITED TO THE COST OF ENTERING AND PARTICIPATING IN THE CONTEST, AND IN THE EVENT SHALL THE RELEASE PARTIES BE LIABLE FOR ATTORNEY'S FEES. PARTICIPANT WAIVES THE RIGHT TO CLAIM ANY DAMAGES WHATSOEVER, INCLUDING, BUT NOT LIMITED TO, PUNITIVE, CONSEQUENTIAL, DIRECT OR INDIRECT DAMAGES.

CLICK HERE TO **DOWN LOAD COMPLETE RULES AND REGULATIONS**